Connect with An Advisor

General Services 1
Advising 1
Drop-In Advising 2
Primary Advisor 6
Counseling 7
International Student Services Staff 7
Workshops 8

General Services

The International Programs (IP) Office provides services to international students attending Seattle Central College, including advising, counseling and student life advising.

Students can get immediate assistance from the International Programs (IP) front desk, without meeting with an advisor. All students should bring picture ID when visiting the IP Office.

Front desk assistance includes the following:

- Obtain and submit forms
- Submit an I-20 form for a travel signature
- Pick-up an I-20 form
- Get assistance with a hold on a student account
- Ask questions about medical insurance or other general topics
- Make appointments with advisors

Advising

Advisors are available during drop-in hours or by appointment. be sure to bring your Seattle Central Student ID card, or other valid picture ID, when you visit our office.

Advising Services available include:

- Quarterly registration assistance
- Academic planning
- Transfer advising
- Immigration Advising
- Cultural adjustment and student success support

Drop-In Advising

International Programs offers drop-in advising in-person and virtually. To see an advisor during in-person drop-in hours, come to our office. To see an advisor during virtual advising (marked with "Online") drop-in hours, visit https://zoom.us/j/91769565741. Remember to bring photo ID with you to your drop-in session.

Drop-in advising is for current students. If you're not yet admitted to Seattle Colleges, complete this form.

Due to high demand, we recommend arriving 30 minutes before the scheduled in-person drop-in advising time. Advisors serve students on a first-come, first-served basis. If you prefer a dedicated appointment with your primary advisor instead, see the instructions below.

February 19-23

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	X
10:00 - 11:00	x	In person	In person	In person	x
11:00 - 12:00	x	Online	In person	x	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	x	In person	x	x	x
2:00 - 3:00	x	In person	In person	In person	x
3:00 - 4 00	x	x	x	x	x

February 26 - March 1

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	Online/In person	x	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	x	In person	In person	In person	x
3:00 - 4 00	x	x	x	x	x

March 4-8

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	Online/In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	In person	In person	x
3:00 - 4 00	x	x	x	x	x

March 11-15

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	Online/In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	In person	In person	x
3:00 - 4 00	x	x	x	x	x

March 18-22

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	x	Online	Online/In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	In person	In person	x
3:00 - 4 00	x	x	x	x	x

March 25-29

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	x	x	x	x
10:00 - 11:00	x	x	In person	In person	x
11:00 - 12:00	Online	x	In person	In person	x
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	In person	x	x	In person	x
2:00 - 3:00	In person	In person	Online	In person	In person
3:00 - 4 00	x	Online/In person	x	x	In person

April 1-5

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person	x	x	x
10:00 - 11:00	In person	In person	In person	In person	x
11:00 - 12:00	x	x	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online/In person	In person	x	x	x
2:00 - 3:00	In person	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

April 8-12

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

April 15-19

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

April 22-26

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

April 29 - May 3

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

May 6-10

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

May 13-17

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	In person	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	In person	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

May 20-24

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

May 27-31

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

June 3-7					
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

June 10-14					
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

June 10-14					
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
9:00 - 10:00	x	In person		x	x
10:00 - 11:00	Online	In person	In person	In person	x
11:00 - 12:00	Online	Online	In person	In person	Online
12:00 - 1:00	x	x	x	x	x
1:00 - 2:00	Online	In person	x	x	x
2:00 - 3:00	Online	In person	Online	In person	x
3:00 - 4 00	x	x	x	x	x

Primary Advisor

Students who need assistance with transfer advising, academic planning, or immigration issues, or who have questions that might take more than a few minutes to answer, can make an appointment to meet with their primary advisor through Starfish or by contacting the International Programs front desk at 206-934-3893 or IntlCentral@seattlecolleges.edu.

Primary advisors are assigned to students when they first enroll based on the spelling of their last name:

B, C, F, H, K, L, Z	Em Wright
A, I, J, M, N, Q, R, X, Y	Caitlin Karwand
D, P, S, T, W	Francis Mbagi
E, G, O, U, V	Kat Price

Counseling

It is common for international students studying in the United States to face academic and personal challenges. The education system and the living environment are very different from what you knew in your home country. Fortunately, counselors are available by appointment, in the Seattle Central Counseling Center (BE3166). Counselors can assist you with issues such as:

- Academic difficulties and challenges
- Academic probation and suspension
- Problems communicating with your teachers
- Long-term academic and career goals
- Homesickness
- Personal issues

Please call 206-934-5407, or email Counseling.Central@seattlecolleges.edu for assistance. More information on counseling services is available at https://seattlecentral.edu/campus-life/student-support-and-services/counseling . There is no cost for these services.

International Student Services Staff

Em Wright, International Student Advisor
emily.c.wright@seattlecolleges.edu

Kat Price, International Student Advisor
kat.price@seattlecolleges.edu

Caitlin Karwand, International Student Advisor
Caitlin.karwand@seattlecolleges.edu

Francis Mbagi, International Student Advisor
Francis.mbagi@seattlecolleges.edu

Hannah Moore, Front Desk Manager
hannah.moore4@seattlecolleges.edu

Workshops

IP-sponsored workshops are designed to assist students with their personal and career development. The workshops will provide information about immigration rules, education and career choices, cultural adjustment, and other issues. The format will be a combination of speakers, handouts, assessments, and discussion, with time for questions and answers.

Each of the workshops below are offered each quarter. Updates with workshop times and locations will be provided when they are available, via our weekly e-newsletter.

Employment Workshop: Come and learn about the different employment options for international students, including on-campus jobs and Optional Practical Training (OPT).

OPT Workshop: This workshop is designed for students who are nearing the completion of their program and would like to learn more about what OPT is and the application process.

Long-Range Plan Group Meeting: Students enrolled in the University Transfer program are required to complete a long-range academic plan with their advisor once they have earned 45 college credits. Before students can meet one-on-one with their advisor, they must attend a Long-Range Plan Group Meeting.

Online Registration Meeting: Learn how to plan your classes and use Seattle Central College's online course registration system. This meeting is for students who have completed or who are currently enrolled in College Bridge Reading 4.

Other Workshops: The IP Office may offer additional workshops that vary by quarter. Be sure to read the e-news or other communications from our office to stay informed about upcoming workshops!